

### International General Certificate Blended Timetable

Day	Morning Session				Afternoon Session			
	0830	1030	1045	1245	1315	1515	1530	1730
	Break		Lunch		Break			
1 IGC 1	Foundations in health and safety		Policy		Organising for health and safety		Promoting a positive health and safety culture	
2 IGC 1	Risk assessment		Principles of control		Monitoring, review and audit		Occupational incident and accident investigation, recording and reporting	
3 IGC 2	Movement of people and vehicles hazards and control		Manual and mechanical handling hazards and control		Work equipment hazards and control		Electrical hazards and control	
4 IGC 2	Fire hazards and control		Chemical and biological health hazards and control		Physical and psychological health hazards and control		Construction activities hazards and control	
5	IGC 3 Practical application		Focus on NEBOSH		Examination technique		Achieving a successful outcome	

**Note: Additionally homework of 2 hours is set each evening on the syllabus covered that day**