

## NEBOSH IGC1 Course Timetable

Day	Morning Session				Afternoon Session			
	0830	1030	1045	1245	1315	1515	1530	1730
	Break		Lunch		Break			
1	<b>Foundations in health and safety</b> 1.1.Scope and nature 1.2.Moral, social, economic		<b>Foundations in health and safety</b> 1.3.International regulation 1.4.Sources of information		<b>Foundations in health and safety</b> 1.5.Management systems		<b>Policy</b> 2.1.Purpose and importance	
2	<b>Policy</b> 2.2.Features and content		<b>Organising for health and safety</b> 3.1.Roles and responsibilities 3.2.Consultation		<b>Promoting a positive health and safety culture</b> 4.1.Concept and significance 4.2.Factors influencing culture		<b>Promoting a positive health and safety culture</b> 4.3.Factors influencing behaviour 4.4.Improving culture	
3	<b>Promoting a positive health and safety culture</b> 4.5.Internal and external influence on standards		<b>Risk Assessment</b> 5.1.Aims and objectives		<b>Risk Assessment</b> 5.2.Identifying hazards		<b>Risk Assessment</b> 5.3.Principles and practice	
4	<b>Principles of control</b> 6.1.Control and risk reduction		<b>Principles of control</b> 6.2.Safe systems of work 6.3.Permit to work systems		<b>Principles of control</b> 6.4.Emergency procedures 6.5.First aid		<b>Monitoring review and audit</b> 7.1.Active and reactive monitoring	
5	<b>Monitoring review and audit</b> 7.2.Workplace inspections 7.3.Review of performance		<b>Monitoring review and audit</b> 7.4.Auditing		<b>Occupational incident and accident investigation</b> 8.1.Process and purpose		<b>Occupational incident and accident investigation</b> 8.2.Organising, recording, reporting	

Note: Additionally homework of 1 to 2 hours is set each evening on the syllabus covered that day

## NEBOSH IGC2 Course Timetable

Day	Morning Session				Afternoon Session			
	0830	1030	1045	1245	1315	1515	1530	1730
		Break		Lunch		Break		
1	<b>Movement of people and vehicles</b> 1.1.People		<b>Movement of people and vehicles</b> 1.2.Vehicles		<b>Manual and mechanical handling</b> 2.1.Manual handling 2.2.Minimising manual handling risks		<b>Manual and mechanical handling</b> 2.3.Using lifting and moving equipment	
2	<b>Work equipment</b> 3.1.Selection, use and maintenance 3.2.Hand held tools		<b>Work equipment</b> 3.3.Machinery		<b>Work equipment</b> 3.4.Machinery protection		<b>Electrical</b> 4.1.Risks using electricity 4.2.Control of risk	
3	<b>Fire</b> 5.1.Basic principles		<b>Fire</b> 5.2.Prevention of fire and fire spread		<b>Fire</b> 5.3.Alarm and fire fighting 5.4.Means of escape 5.5.Evacuation		<b>Chemical and biological</b> 6.1.Forms and classification 6.2.Associated risks	
4	<b>Chemical and biological</b> 6.3.Occupational exposure limits 6.4.Acute and chronic effects 6.5.Control measures		<b>Chemical and biological</b> 6.6.Waste disposal and pollution control		<b>Physical and psychological</b> 7.1.Musculoskeletal health 7.2.Welfare and work environment		<b>Physical and psychological</b> 7.3.Noise 7.4.Vibration 7.5.Heat and radiation	
5	<b>Physical and psychological</b> 7.6.Stress 7.7.Violence at work 7.8.Effects of alcohol and drugs		<b>Construction</b> 8.1.General hazards and control		<b>Construction</b> 8.2.Working at height		<b>Construction</b> 8.3.Excavations 8.4.Health hazards	

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