



JRL Solutions Ltd is licensed by IOSH to provide the IOSH DSE Risk Assessment course.

The course is of two day duration and is examined by the successful completion of a practical DSE workstation assessment and the achievement of a pass in a written paper.

The programme includes:-

- Introduction
- Why do we need to know about DSE, who is affected and in what way?
- What do we need to know about the legal requirements relating to DSE?
- When and where do we need to apply the minimum requirements detailed in the Health and Safety (Display Screen Equipment) Regulations?
- How are the minimum requirements relating to DSE workstations achieved in a practical way in order to integrate with overall safety management?

On completion of the course candidates are able to:-

- List and explain the main requirements of relevant legislation
- Describe the possible harmful effects to the eyes, musculoskeletal system, skin, nervous system and psychological wellbeing of people that may be caused by the use of DSE
- Carry out risk assessments, identify techniques for reducing risk and make recommendations for corrective action to minimise harm that may be caused to DSE users and operators
- Appreciate how DSE assessment is an integral part of overall health and safety management in an organisation

Successful candidates receive a Certificate awarded by IOSH, Assessing Risks for Computer Users, Display Screen Equipment Risk Assessment.